

Sigma Sigma Phi

Kappa Chapter



University of New England
College of Osteopathic Medicine
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Las Vegas, NV
October 26th, 2008

Presented by Kerry D. Conant, UNECOM SSP
President

University of New England College of Osteopathic Medicine
Sigma Sigma Phi Kappa Chapter Membership

Class of 2011

Officers:

President-Kerry Conant
Vice President-Kate Powers
Secretary-Carla Zingariello
Treasurer-Erin Fitzgerald

Members (17*):

Andrea Benoit
Sarah Chamberlin
Scott Gruarin
Clara Belenky (formerly Karpovsky)
Rachel Kester
Laura Kubica
Julia McDonald
Priyesh Mehta
Tyler Raymond
Nancy Resteghini
David Riss
Michael Ross
Edward Silco
Thomas Tropea
Laura Viscome
Lindsey Wilhelm
Steven Fosmire*

Class of 2010

Officers:

President-Christina DeMatteo
Vice President-Shannon Scully
Secretary-Sita Singhal
Treasurer-Tad Lanagan

Members:

Christopher Blomberg
Andrea Dionne
Jeremy Force
Patrick Hohl
Daniel Miller
Regine Reimers
Kelly Salerno
Mark Umphrey
Samuel Tri
Tara Wayt
Despina Hoffman
Mike Robinson

Bob Brown
John Matulis
Kelly Brown (formerly Marra)
Nick Nikolopoulos
Sonja Vindheim
Kim Salaycik
Keith DePonti
Ryan Smith
Mike Dominello
*John Lowery**
*Joseph Keen**
*Suzanne McGrorty**
*Donald Tower**

Class of 2009

Officers:

President-Don Tower
Vice President-Suzie McGrorty
Secretary-Alissa Tomaiolo
Treasurer-Amanda Vancura

Members (25):

Anne Barlow
Ellen Bursch
Lizabeth Dalaza
Corey Ephrussi
Jennifer Gillis
Beth Grimaldi
Abigail Hansen
Peter Kang
Joseph Keen
Adrienne Kovalsky
Natalie Maida
Anne Newbold
Cindy Norton
Anna Rose Pinlac
Matt Pomykala
Emily Root
Joanna Rulf
Suchismita Samanta
Jordan Wagner
Katie Wetherbee
Lisa Wuerdeman

Class of 2008

Officers:

President-Ross Schaubeger
Vice President-Jenn Savino
Secretary-Kristine Soltanpour
Treasurer-Elizabeth Kunkel

Members (30):

Amanda Dvorscak
Regan Brockmeyer
Arij Faksh
Rita Pazral Swank
Catherine Fredricks-Rehagen
Ryan Magnuson
Eva Nunlist
Scott Hamilton
Jacob Brooks
Shirish Satpute

Jacque Ciarlo
Stephanie Wodowski
Joan Dupont
Will Sammis
Lauren Westermann
Yasmin Mahal
Lynnette Johnson
Zachary Soucy
Matthew Lutynski
Datcha Dorvil
Punitha Shavaprasad
John McMahan
Chris Mozdzanowski
Dolma Yarchim
Andy Coil
Sarah Shepherd

Introduction

The start of the 2008/2009 school year for the Kappa Chapter of Sigma Sigma Phi has been successful as we have continued our positive involvement in the UNECOM and Biddeford community. Our focus for this year is to foster greater communication and connection between class years, as well as between the college and the community. With this goal in mind, we are dedicating ourselves to several new projects, while continuing to honor the traditional events established by classes before us.

What we have accomplished this academic year

Service Week

During the first full week of class, SSP Kappa joined forces with the new Dean of the College of Osteopathic Medicine, Dr. John Gimpel, and the Office of Recruitment, Student and Alumni Services (RSAS) to sponsor a week of lunchtime presentations regarding available volunteer opportunities at the school and in the local community.

- The week began with a presentation on the Maine Healthy Coastal Coalition, a partner with UNECOM, about health promotion projects taking place throughout the state of Maine.
- Other talks by the Biddeford Free Clinic, pediatric mentoring program, adult literacy tutoring, the Monarch Center for Alzheimer's Care, and the Biddeford Soup Kitchen.
- Our week concluded with the Heart of Biddeford's presentation on community building and their continued partnership with students here at UNE.
- Students who participated in three or more of the presentations received a certificate of service to be mentioned in the dean's letter.

The Service Week tradition was begun by the class of 2010. We received positive feedback from the students and from the volunteer organizations, and we plan to continue this as an annual event.

McArthur Home Visit

November 6th, we are continuing what has become a tradition of biannual visits to this assisted living facility. We will hold an Italian-style spaghetti dinner for the residents in the fall and an ice cream luau in the spring. The dinners are complete with decorations, music, dancing and great conversation.

The Monarch Center of Saco

SSP has initiated a monthly event with participation by several clubs on campus. Every third Sunday, student groups rotate through this Alzheimer's care facility to interact with residents and gain exposure to patients with all stages of dementia.

Post Gross Toast

This event is scheduled for Friday, February 27th, following completion of the final Anatomy exam for the first year class. It is an opportunity for the MSI's to formally celebrate with their peers, faculty, and administration their first "rite of passage" in completing Medical Gross Anatomy. The Post Gross Toast is a tradition that SSP has been sponsoring for several years. During an hour-long ceremony, the first year students are addressed by the Dean of the school, the Chair of the Anatomy Department, the four Anatomy/OMM fellows, and a keynote speaker. Following the congratulatory speeches, a champagne toast precedes a bonfire at the UNE Kiosk located along the Saco river, where the scrubs used during Gross Anatomy are ceremonially added to the bonfire.

5K Turkey Trot

On November 15th, SSP will hold the annual 5K Turkey Trot. All funds raised, either by race participation or through sponsorship, will go to the Biddeford Free Clinic. Please visit our website to check it out and make a contribution: The Biddeford Free Clinic "provides accessible and free outpatient general medical care and prescription medication to adults and children who have no medical insurance and cannot afford private medical care. A team of dedicated volunteer physicians, pharmacists, lab technicians, nurses, administrative personnel and members of the community staff the Biddeford Free Clinic. The Biddeford Free Clinic succeeds because of volunteer commitment, volunteer time and community resources working together to promote its mission." In the past, funds from the 5K went to the Maine Make-A-Wish Foundation. Members of the class of 2009 as a group decided that they wanted to direct their fundraising efforts to the more immediate community members in Biddeford, Maine. The relationship between Kappa Chapter and the Biddeford Free Clinic has remained strong over the past two years, and we will again dedicate our funds to this part of the local community.

Health Fair

- October 2008
- This event was held by the Biddeford Free Clinic (BFC) with participation by several SSP members.
- SSP members and volunteers at the BFC run informational sessions devoted to a specific health related topic (Smoking cessation, Sugar-Busters for diabetes, etc). Health topics are interactive and accessible to all ages. Invitations are posted in the community as a health educational experience.

New Member Invitations and Interviews

We are in the process of adding twelve members to our club. An application was sent out to the second-year class with five questions:

1. What community service experiences have you had while here at UNECOM?
2. Have you participated in any activities that have academically benefited your fellow UNECOM students? If so, please describe your participation.
3. What community service experiences have you had prior to UNECOM?
4. What type of community service do you see yourself participating in as a physician?
5. Please list any ideas you may have for incorporating the University community with the town of Biddeford & surrounding areas

Current SSP members will evaluate and score each answer and the average of these scores will be combined with the average score from the interview portion. All scoring is on a 1-5 scale, with 5

being, “I think this person is an essential asset to SSP,” 3 being no opinion either way and 1 indicating that the member feels the person would not work well with the current club members and goals.

Biochemistry Review

- Winter 2008
- MS II's will sign up (individually or as a group) to give one-hour review presentations on one topic in biochemistry. The lectures will be open to first years – who will be taking the course at the time – and to second years – who need the review to prepare for Boards.

Bac-T review

- April 2009
- MS II's provide a review session for the MS I's in their preparation for their first Bacteriology test.

Faculty Boards Review

- SSP invites UNECOM faculty to give focused lectures for COMLEX review for the second year students in late April, early May.

Medical Jeopardy review

- MS II's use a Jeopardy-style format to hold two hour game reviews prior to written exams throughout the year. The first game this year will be for the Gross Anatomy TAPP exam. Reviews will also be held for histology, physiology, immunology and bacteriology. Games will be open to first and second years who want a review for Boards. The game is a team-based event, with prizes given to individuals in randomly placed 'prize rounds.' These games were first held two years ago with great success.

Hospital Day

- May 2009
- Representatives from around 30-40 residency programs are available to meet with all UNECOM students, as well as representatives from the core rotation sites available to third year students.

Senior/Alumni Reception

- June 2009
- Graduating SSP members are invited to a cocktail party with SSP Alumni and Faculty during the week of graduation. First and second year SSP members are also invited to attend.

Graduation Ushers

- June 2009
- Available SSP members provide ushers for the UNECOM graduation ceremony

Strong Scholarship

- Each year, SSP Kappa chapter awards a \$1,000 scholarship to a second year student who has demonstrated outstanding academic scholarship as well as provided noteworthy service to UNECOM, the osteopathic profession, and the surrounding community. We offer this scholarship in honor of the first dean of our college, William B Strong, DO. Members of the second year class are nominated

by their classmates and submit an application, which is reviewed by a faculty committee of basic and clinical science professors.

Fundraising

OMT Flashcards

- We have created condensed, bullet-pointed descriptions of the OMT techniques covered in our OMM class. These flashcards provide a quick review reference for each technique with photos to demonstrate positioning or tenderpoint location. We have copyrighted these cards and they are available for sale at the AOA Convention and we have order forms for you to take back to your schools. Sales within our school have met with significant interest from the student body and alumni at the CME event this month. We plan to make these cards available to attendees at Convocation and at other national meetings throughout the year.

Medical Spelling Bee

- This was a successful fundraising event started two years ago by SSP at UNECOM. The format is a standard spelling bee system with medical vocabulary. The difficulty of the questions increases with every round. Charge is \$3 per entry. Faculty and students are invited to attend.

Alumni Newsletter

- In January we will renew the SSP Kappa Chapter Newsletter to keep our alumni connected with the current members, informed about ongoing and new SSP events and to encourage their financial support of SSP.