



# **SIGMA SIGMA PHI**

## ***LAMBDA CHAPTER***

**Ohio University College of Osteopathic Medicine  
Grosvenor Hall  
Athens, OH 45701**

**American Osteopathic Association  
National Convention**

**Las Vegas, Nevada  
Sunday, October 26, 2008**

**President and Presenter:  
Teresa B. Stamplis  
ts129307@ohio.edu**

## Current Members

### Class of 2009

Lindsay Barrick	Hector Herrera	Rachel Polinski	Adam Thaler
Benjamin Brown	Amber Holder	Jaime Rehmann	Alex Tsai
Nicholas Carr	Rachel Holt	Katherine Ritchey	Nicole Veitinger
Emily Drummond	Shawn Horwitz	Rebecca Snyder	Jennifer Watson
James Flaherty	Tony Le	Erin Spies	
Jordan Garrison	Timothy Neely	Becky Teagarden	

### Class of 2010

Tracey Banks	Kathryn Lee	Kathryn Phillippi	Daniel Silbiger
Leah Began	Jason Lane	Jeremy Riehm	Danielle Slifko
Lisa Clayton	Jennifer Lykens	Kathryn Ruda	Michelle Wallen
James P.Hurley	Adam Maier	Matthew Schefft	Aaron Wolkoff
Lailah Issac	Mollie McCullough	Christopher Selinsky	
Crystal Joyce	Muna Orra	Ashley Simpson	

### Class of 2011

Kristin Astrom	Sherice Lawrence	Tejal Patel	Andrew Timothy
Andrew Koch	Heather Liebherr	Molly Malone-Pringleau	Korrie Waters
Tiffany Latta	Kenneth Nelson	Teresa Stamplis	Scott Yoho

### Membership by Class:

Class of 2009: 22 members

Class of 2010: 22 members

Class of 2011: 12 members

**Total current members: 56**

## **Introduction**

The Lambda Chapter of Sigma Sigma Phi at the Ohio University College of Osteopathic Medicine (OU-COM) has had another enjoyable and rewarding year. The members of the Lambda Chapter continue to advance the scholastic repute at OU-COM and serve the Athens, Ohio and surrounding Appalachian communities. With the induction of twelve new members in the spring of 2008, the chapter is looking forward to an exciting and productive year ahead.

## **Chapter Summary**

### **Chapter Advisor**

Dr. Karen Montgomery-Reagan, D.O.

### **2008-2009 Executive Officers**

President	Teresa Stampilis
Vice President	Andrew Koch
Secretary	Kristin Astrom
Treasurer	Tiffany Latta

### **Financial Report**

Balance as of October 20, 2008: \$861.14

## Activities

1. Community Service
  - a. West Virginia Ministry Advocacy Workcamps Weekend Service Trip
  - b. Athens County Department of Children's Services Giving Tree
  - c. Community Meals at Athens Church of Christ
2. Talent Follies
3. Medicine Run
4. Distinguished Osteopathic Commitment Awards
5. Rush
6. Honor Cords

### 1. Community Service

**A. West Virginia Service Trip:** Last year, the Lambda Chapter Class of 2010 initiated a new service project at OUCOM, coordinating a weekend service trip to West Virginia through an organization called West Virginia Ministry Advocacy Workcamps (WVMAW). Through this project, 27 OU-COM students spent a weekend working to repair flood-damaged homes for residents of Montgomery, WV who were financially and/or physically unable to do so on their own. This service opportunity allowed students from OU-COM to gain first hand experience of the health obstacles in Appalachia, as well as assist needy families in the community. The Class of 2011 continues this new tradition by co-sponsoring the 2008 trip along with the OU-COM Family Practice Club. Over the weekend of October 24-26, approximately 40 volunteers will travel to West Virginia to continue our assistance to the people of this area.

**B. Children's Services Giving Tree:** The Lambda chapter further continues its involvement within the community through our partnership with Athens County Department of Children's Services. Many children in our area would go without gifts during the holiday season if it were not for the people at Children's Services who organize "giving trees" in various locations around the Athens County. SSP organizes this program yearly at OU-COM, putting up a tree in the Student Affairs office with each individual child's information and Christmas wishes on an ornament. Students, faculty, and staff are encouraged to take an ornament, purchase the items listed, and gift-wrap those items for an underprivileged child. Each year, OU-COM has been able to donate approximately 100 gifts to the children of Southeast Ohio, and we plan to uphold this tradition for the 2008 holiday season.

**C. Athens Church of Christ Community Meals:** The Lambda chapter also provides assistance to the Community Meal program at Athens Church of Christ, a tradition that was started by the Class of 2008. Meals are provided for approximately 25 children and adults every Tuesday evening throughout the year. Our volunteers help to serve the meals, visit with community members we serve, and help with clean up afterwards. The program for the 2008 -2009 academic year is already underway, with five Sigma Sigma Phi members volunteering their services twice a month.

## **2. Talent Follies**

Talent Follies is a highly entertaining annual event featuring musical performances, comedy skits and other talents of students and faculty. Members of Sigma Sigma Phi work in conjunction with SOMA to organize the evening, and profits from Talent Follies are donated to charity. Last year, over \$750 was generated by this event, all of which was donated to Goodworks, a local organization that aids homeless individuals in Appalachia by providing shelter, as well as helping them make connections with local programs and services to help them get back on their feet.

Virtually all clubs and organizations at OU-COM get involved with Talent Follies, forming committees for public relations, talent recruitment, lighting/audio-visual, food, decorations, sponsorship and donations, and more. Everyone collaborates to put on a smoothly-run, fun-filled night of entertainment for all. On the night of the event, our lecture hall is transformed into a theater, as students and faculty take the stage to show off their hidden talents. This past year's line up included comedy skits, cultural dances, vocals, guitar and piano performances, musical styling of the "Osteopathic Bellies" rock band, and more. As always, the evening produced many laughs, and all in attendance left thoroughly entertained. Sigma Sigma Phi's involvement in Talent Follies is coordinated by our vice president, and we are currently planning for the 2009 event.

## **3. Medicine Run**

The Lambda Chapter is proud to continue a long-time OU-COM tradition of the Annual 5K Medicine Run. Thanks to members of the Class of 2007, the Medicine Run tradition was re-born after not being held for several years. This tradition has been continued with overwhelming success for the past three years, and we are looking forward to another successful event in 2009 with lofty goals of registering a record number of participants. SSP coordinates Medicine Run, working with several other student organizations, and an OU-COM faculty member who started the Medicine Run race over 20 years ago. Medicine Run has been a great way to bring the community and college together for a great cause, promoting health and well-being for Southeast Ohio.

In addition to the actual 5K run, the 2008 event included an educational Health Fair and a Little People's Hospital with activities for children. This past year, the Health Fair included health screenings, free osteopathic manipulative treatment, bone marrow and blood drives, and other health education booths.

Numerous other student organizations along with SSP help organize activities for Medicine Run, providing opportunities for OU-COM students to interact and collaborate with Community Service Programs and other health organizations in the area. 2008 was yet another successful year for this event, with 133 runners competing in the race and generating \$1,889 from race fees alone. In addition, we collected \$1,470 in monetary donations, as well as various gift certificates and other items such as water and snacks for runners, which were generously donated by local businesses.

The overall profit for the event exceeded \$2,000 and was donated to the OU-COM Community Service Programs' Free Clinic, which provides primary care to underserved or uninsured individuals in the surrounding Appalachian region.

We are looking forward to another successful Medicine Run, and are beginning to plan for the event, which will take place Saturday, April 4.

#### **4. Distinguished Osteopathic Commitment (D.O.C.) Awards**

The annual D.O.C. Awards Night is held every April, and Sigma Sigma Phi is proud to be involved in this OU-COM tradition in a variety of ways. The awards are presented in a night of praise and admiration for those people who truly make the college and our experience at OU-COM outstanding. SSP works closely with Student Government to accept nominations from the student body honoring fellow classmates, faculty, and staff in numerous categories. Once nominations are compiled, students have the opportunity to vote for nominees in each of the following categories: Osteopathic Mentor Award, Outstanding Lab Instructor, Outstanding Clinical Presenter, Best Student Advocate, Best Peer Mentor, and All-Around Best Classmate.

Sigma Sigma Phi has the honor of coordinating the selection and presentation of the most prestigious award of the evening: the Osteopathic Mentor Award. Students of the College nominate an Ohio Osteopathic physician who, by his or her example and involvement, has had an influence on the student's decision to pursue Osteopathic medicine. After a committee reviews the nominees, the recipient of this award is invited to attend the D.O.C. Awards Night and is presented with a plaque.

This evening provides a unique opportunity for students to present clinical and basic science faculty, distinguishable peers, and outstanding administrators and staff with awards to recognize their valuable contributions to OU-COM. Many members of the OU-COM community gather for a formal dinner, which is preceded by the awards ceremony, and as usual, this past year's event was a great success.

#### **6. Rush**

An OU-COM student's first opportunity to apply for Sigma Sigma Phi comes during Spring Rush, which is open to first year students who have successfully completed two quarters of medical school at OU-COM. A second round of inductions occurs in the Fall, which is open to second year students. This past spring, 12 new Sigma Sigma Phi members were selected from the Class of 2011, and are in the process of completing the Fall selection process. We just completed our selection process for additional members from the Class of 2011, and will invite eight individuals to join SSP. These new members will be inducted at formal ceremony in December. In April, we will then select the first group of members from the Class of 2012. With the capacity to accept up to 25% of a given class, we typically select half of the members in the spring, with the rest being inducted the following fall.

#### **7. Honors Cords**

The Class of 2007 began the tradition of presenting honor cords in Sigma Sigma Phi colors to be worn by graduating SSP members at their spring graduation ceremony. The Class of 2011 Sigma Sigma Phi members will raise funds in order to purchase cords for the graduating Class of 2009. The cords are a gift to the new physicians, as we honor them for their contributions to the Lambda Chapter of Sigma Sigma Phi at OU-COM.

## Selection Process

Sections I through IV are scored by three Sigma Sigma Phi members, and all executive officers score section V. Final scores for each section are an average of the individual scores awarded. Applications with total scores of at least 85 points are automatically accepted; those with 65-85 points are reviewed by the president who reads the letter of recommendation submitted on the applicant's behalf; and those with less than 65 points are not considered for acceptance.

Each area is evaluated as follows:

- I. **Academic Activities:** Please **list** and describe your educational experiences since August of your first year of medical school. Please include any research (note: you may include research completed as an undergraduate or graduate student as well), academic achievement letters for each block or quarter, tutoring, fellowships, *additional* CCE/ICOM experiences, summer internships, international/special rotations, and independent (non-club associated) educational conferences.
- II. **Community/Volunteer Activities:** Sigma Sigma Phi is a community-service based honor fraternity. **List** your involvement in the Athens community and/or other communities to which you have belonged since matriculating at OU-COM. In your descriptions, please include the type of community activity, your specific responsibilities, and the duration/total hours of your involvement. Examples include but are not limited to: mentoring programs such as the COMrade program, church activities such as a Sunday School Instructor, hospital volunteer, youth sports team coach, and service learning experiences.
- III. **Organizational Activities:** Please **list** your involvement in OU-COM organizations and committees since August of your first year. In your description, include the type of activity, your involvement in the organization, the duration of your membership, and your time commitment to the activity (approximate total hours). It is important to describe your involvement and not merely list organization to which you belong.  
Examples might include: any OU-COM clubs—include offices held, committees chaired, specific club activities in which you have been involved and conferences attended as part of an organization.
- IV. **Awards:** Please **list** any awards you have received in the last two years (undergraduate or graduate school) and/or the last two years of employment. In addition, please include any awards you may have received since matriculating into medical school. Provide a brief description of each award and date(s) received.  
For example, Phi Beta Kappa National Liberal Arts Honor Society (date received)—selection based upon outstanding scholastic achievement and rigorous undergraduate curriculum. Other examples might include: scholarships, letters of achievement (but please list top % of block or quarter letters under section I: Academic Activities), community recognition, grants, etc.
- V. **Personal Statement:** Please briefly describe in **paragraph** form how your character will play a role in the betterment of Sigma Sigma Phi (250 words or less).

## Sigma Sigma Phi Scoring System

I. Academics (30 pts max)	II. Service (30 pts max)	IV. Awards (10 pts max)						
<p>Research—MAX 25 points</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">Research Trip 1 week=40 hours</td> <td style="width: 50%;">1 pt/full week OR 1 pt/40 hours</td> </tr> <tr> <td>Research summer project 8weeks (40hrs/week)</td> <td>8 points</td> </tr> <tr> <td>Research project consisting of more than 3 months</td> <td>1 pt/40 hours up to 25 points max</td> </tr> </table> Fellowship 2 Summer Scholars Program 1  Tutor/TA (official program) 1  Top 10% class 2/block Top 20% class 1/block MA/PhD 4/6  Published Papers/Manuscripts 2/ paper  Conferences & Professional Educational Workshops 2/ea Cultural Competency Series 2 pts 1. Business of medicine 2. policy puzzle 3. professionalism series 4. Medical Spanish 1/ea 5. Nutrition series 6. other OUCOM workshop/lecture series Extra clinical experiences (outside of required CCE's) 1 pt/ea	Research Trip 1 week=40 hours	1 pt/full week OR 1 pt/40 hours	Research summer project 8weeks (40hrs/week)	8 points	Research project consisting of more than 3 months	1 pt/40 hours up to 25 points max	1-4 hrs/yr = 2pt 5-9 hrs/yr = 4 pts 10-14 = 6 pts 15-19 = 8 pts 20-24= 10 25-29=12 30-34=14 2pts/ 35-39=16 every 40-44=18 4hrs 45-49=20 50-54=22 55-59=24 60-64=26 65-69=28 >70 = 30  Organized a service event 2pts/ event COMrade program 1	Letter of participation in BOM / 1/ea Professionalism series  Cultural Competency certificate 2pts  Scholarships: Give points for each year scholarship was awarded 2/ea Academic or Employment award 2/ea Deans List (1pt for each time awarded) 1pt  National Award 2/ea  Graduation honors: Summa 3 Magna 2 Cum Laude 1
Research Trip 1 week=40 hours	1 pt/full week OR 1 pt/40 hours							
Research summer project 8weeks (40hrs/week)	8 points							
Research project consisting of more than 3 months	1 pt/40 hours up to 25 points max							
	III. Organizational Activities (20 points max)							
	Club Member (list only) 1pt  Active Club Member (list & describe) 2pts + 1/each activity Club Officer 8  Club Committee Chair 4 Other Committees 4							

- **Any ONE item can only be awarded points in ONE category**
- **Anything the applicants plans to do in the future DOES NOT COUNT**
- **Anything prior to 2007 DOES NOT COUNT**

### I. Academic Activities: 30 points max

- ◆ Research:
  - 1 week trip of 40 hours = 1 point
  - Maximum awarded for research is 25 points or >1000 hours of research
- ◆ If the applicant only lists the activity, award 1 point per *individual* activity.
- ◆ If the applicant not only lists the activity, but also provides a description of their involvement in the activity, award 2 points.
- ◆ If the applicant demonstrates that they not only were involved in a given activity, but also served a critical role in some aspect of the activity, i.e. planning, etc. (as illustrated in their description), award 3 points.
- ◆ For additional clinical experiences, 1 point each experience
- ◆ Conferences & Educational Workshops are awarded 2 points each
- ◆ Doctoral degree award 6 points
- ◆ Masters degree award 4 points
- ◆ 2 points for scoring in the Top 10% of the class on a written assessment
- ◆ 1 point for scoring in the Top 20% of the class on a written assessment

### III. Organizational Activities: 20 points max

- ◆ Club Member: If the applicant only lists the club award 1 point
- ◆ Active Club Member: If the applicant not only lists the club, but also provides a description of their involvement in the club's activities, award 2 points. (example: I attended the airway lab for Emergency medicine club and the quarterly club meetings)
  - Award 1 point for each activity attended
- ◆ Officer of a Club: If the applicant demonstrates that they not only were involved in a given activity, but also served a critical role in some aspect of the activity, i.e. planning, office, etc. (as illustrated in their description), award 8 points.
- ◆ 3 points for club organizational committee chaired (example: chaired the fund raising committee for 2007 Talent Follies, chaired Med Run health fair committee)
- ◆ 4 points for serving on any other committees (examples include but are not limited to: Curriculum Advisory Committee, Committee for Career Medical Specialties week, any lecture series chaired like Business of Medicine, Professionalism, etc.)

### V. Personal Statement: 10 points max

- ◆ If the statement is **thoughtful and well written (free of grammatical/spelling errors, etc.)**, award an automatic maximum of **9-10points**.
- ◆ If the statement **lacks organization or has a limited number of grammatical/spelling errors, but still has some content**, award **5-8 points**.
- ◆ If the statement has **multiple spelling and/or grammatical errors and lacks content**, award **0-4 points**.

<b>V. Personal Statement (10 points max)</b>	
Thoughtful and well written free of grammatical errors	9-10
Lacks organization, some grammatical error, but still has some content	5-8
Multiple grammatical errors and lacks content	0-4
Subtract one point for going over 250 word limit	